
KITCHEN

ON WEST ST.

EYE OPENERS

Signature item

HALE & HEARTY SKILLET 13

quinoa, spinach, three cheeses, hashbrowns, pork sausage, fried egg, chives, texas toast

MORNING SCRAMBLE SKILLET 13

scrambled eggs, pork sausage, onion, pepper, mixed cheese, breakfast potatoes, chives, texas toast

GARDEN INN CONTINENTAL 11

fruit cup, yogurt, granola, english muffin, berry compote

THE HELM 11

two eggs, breakfast potatoes, choice of meat, toast

THREE'S COMPANY 10

three-egg omelet, breakfast potatoes, with choice of onion, bacon, sausage, tomato, mixed cheese, spinach

Signature item

EGGS CHESAPEAKE 16

english muffin, jumbo lump crab cakes, old bay, poached eggs, hollandaise, breakfast potatoes

THE FRENCH CONNECTION 12

cinnamon french toast, berry compote, breakfast potatoes, choice of meat

FIT BITES 8

oatmeal, brown sugar, walnuts, cranberries

SINGLES & SIDES

- Seasonal Fruit Plate **7**
- Waffle **5**
- Short Stack **6**
- Breakfast Potatoes **6**
- Two Eggs (any style) **6**
- Bacon, Turkey Sausage Links
- Pork Sausage Links or Veggie Sausage **6**
- Cereal & Milk **5**
- Toast or English Muffin **4**

BEVERAGES 3

- Coffee
- Hot Tea
- Milk
- Orange Juice (per glass)
- Apple Juice (per glass)
- Cranberry Juice (per glass)
- Coke Products